

Findings from...

# The 2005 Child Care Licensing Study

*The 2005 Child Care Licensing Study* was produced by the National Association for Regulatory Administration (NARA) and the National Child Care Information and Technical Assistance Center (NCCIC).

**Table S:**  
**Requirements for Reducing the Risk of Sudden Infant Death Syndrome (SIDS) in Centers in 2005**

State	State Requirement on Reducing SIDS Risk				
	Place Infants on Backs to Sleep	Physicians Can Authorize Other Sleep Positions	Parents Can Authorize Other Sleep Positions	Soft Bedding Not Allowed in Cribs	SIDS Training Required for Staff
Alabama*	✓	✓		✓	
Alaska	✓	✓		✓	✓
Arizona				✓	
Arkansas*					
California					
Colorado	✓			✓	
Connecticut					
Delaware					
District of Columbia					
Florida	✓	✓			
Georgia*	✓	✓		✓	
Hawaii					
Idaho	NL	NL	NL	NL	NL
Illinois*	✓	✓		✓	

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Indiana	✓				
Iowa	✓	✓	✓		
Kansas					
Kentucky					
Louisiana					
Maine	✓	✓		✓	
Maryland	✓	✓		✓	
Massachusetts				✓	
Michigan					
Minnesota					✓
Mississippi	✓	✓			
Missouri					
Montana					
Nebraska					
Nevada					
New Hampshire					
New Jersey	✓	✓	✓	✓	
New Mexico					
New York	✓	✓			
North Carolina*	✓	✓	✓		✓
North Dakota					

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Ohio	✓		✓	✓	
Oklahoma*	✓	✓		✓	✓
Oregon	✓				
Pennsylvania					
Rhode Island					
South Carolina					
South Dakota					
Tennessee*					
Texas	✓	✓		✓	✓
Utah	✓	✓			✓
Vermont	✓	✓		✓	
Virginia*	✓	✓		✓	
Washington*	✓	✓	✓	✓	
West Virginia	✓	✓			
Wisconsin	✓	✓		✓	✓
Wyoming					
<b>Total</b>	<b>24</b>	<b>20</b>	<b>5</b>	<b>17</b>	<b>7</b>

**Key:**

✓=Yes, state has requirement

NL=Facility not licensed

**\*Notes:**

**Alabama:** In accordance with recommendations from the American Academy of Pediatrics, unless physicians specify the need for positioning devices that restrict movement within children's beds, such devices shall not be used.

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**Arkansas:** Center regulations include the following recommendation: Care should be taken to ensure that loose bedding materials, such as pillows, blankets, etc., are kept away from the faces of sleeping infants. Infants should be placed on their backs to sleep unless there are medical reasons not to do so. These precautions are intended to lessen the risk of suffocation and SIDS.

**Georgia:** If a blanket is required for the comfort of the infant, the infant's feet shall be placed at the foot of the crib and the infant shall be covered with the blanket only to chest level with the blanket tucked firmly under the crib mattress. Positioning devices that restrict an infant's movement in the crib shall not be used unless a physician's written statement authorizing its use is provided for that particular infant.

**Illinois:** If using a blanket, put the child with his or her feet at the foot of the crib. Tuck a thin blanket around the crib mattress, reaching only as far as the child's chest.

**North Carolina:** Centers must have a written safe sleep policy that specifies whether pillows, blankets, toys, or other objects may be placed with a sleeping infant 12 months or younger, and if so, the number and type of allowable objects. Policy specifies that nothing shall be placed over the head or face of an infant 12 months or younger when the infant is put to sleep.

**Oklahoma:** Waterbeds, sofas, soft mattresses, pillows, beanbag chairs, and other soft surfaces are prohibited as sleeping surfaces for infants.

**Tennessee:** Because of the possibility of SIDS, sleeping infants shall be checked every 30 minutes by touch. If a child appears not to be breathing, cardiopulmonary resuscitation shall be administered immediately by a qualified person.

**Virginia:** If the side position is used, caregivers shall bring the dependent arm forward to lessen the likelihood of the infant rolling into a belly (prone) position.

**Washington:** Centers must have authorization from both the physician and the parents for a different sleep position.